

MILITARY ERASMUS IN POLAND 2021





LOT

Today at 14:00





We are 8 military students who were taken part in ERASMUS+ experience in Poland between 03.03-30.06 in Gdynia.

For 4 months, AMW (Akademia Marynarki Wojennej) was our new home and there we were staying for our summer semester of studies.

In the next slides, I will shortly present you what this semester meant for us and I will give you some tips and tricks for the future students who want to go for an ERASMUS+ mobility.



The first month

Once in Poland, we were picked up from the airport by our coordinator, Monika Wysocka, and taken to the place where we were supposed to be quarantined for 5 days.

The military hotel next to the academy is fully equipped and has all the necessary living conditions.

After the end of the quarantine period imposed by the pandemic, we moved to one of the military dormitories inside the academy.

The accommodation conditions are extremely good and we note this aspect with maximum score.

In the academy, we had the following conditions:

1. Single room;
2. The bathroom (and shower) for an apartment (2 rooms);
3. Sports center with fully equipped fitness room, martial arts room, punching bags, football / handball / basketball courts and swimming pool;
4. Relaxation room equipped with pool table, darts, 3 LED TVs with Playstation4 and XBOX but also many board games;
5. Laundry room with washing machines and dryers;
6. Upstairs kitchen equipped with refrigerator;
7. Vacuum cleaner, iron and ironing board (available at reception);
8. 2 restaurants but also drinks and snack machines;
9. Internet;
10. Linen and towels were changed whenever needed.

The costs were represented by the monthly payment of food from the canteen of the unit (10 euro / day).

Please note that the allocation to the table for the days when we had leave during the whole day was optional, so for the next series the costs could be mitigated because the relaxation measures have already been taken and all students benefit from daily leave.



We recommend using student discounts for transport and also for tickets to various locations. You will receive the "Green Card" from the academy with which you will have access to the two academy's entrances and with which you will prove that you are a student during your staying in Poland.

Public transport is easy to use. We recommend using the Jakdojade application for bus tickets, intercity trains and also renting electric cars with the Panek application.

Also, in Gdynia you will be able to use the Uber and Bolt applications without any problems.



As for the food, I ate not only at restaurants in town, but also I ordered.

I recommend Glovo for online orders or directly from restaurant websites. The malls in the area are large and they have many shops (for shopping enthusiasts). Zabka, Biedronka and Kaufland are among the most popular markets.

NOTE TO REMEMBER! Almost everything is closed on Sundays, except Zabka.

In terms of telephony, the best option is to use a prepaid card from a Polish telephone service because the costs are low and the internet speed is very good.

For 30 GB internet, minutes and unlimited messages in Poland = 30 PLN (zlotys) = 6,53 EUR



For visiting the cities Sopot and Gdansk I recommend renting an electric car or going by train.



For visiting other cities you can check the prices of the bus and compare with those of trains.



Leadership Course

We participated with their Polish students in their Leadership camp. There, we had daily tasks to perform and we developed our skills to work in a team and we also improved our physical condition.

We used AK47 Airsoft replica weapons, goggles, face masks, we were equipped with a backpack and we covered many km, we defended fixed and mobile points, we attacked both on land and on water. We also had to perform a night task, which will surely always remain in our minds.

Km covered in 5 days: approximately 110 km

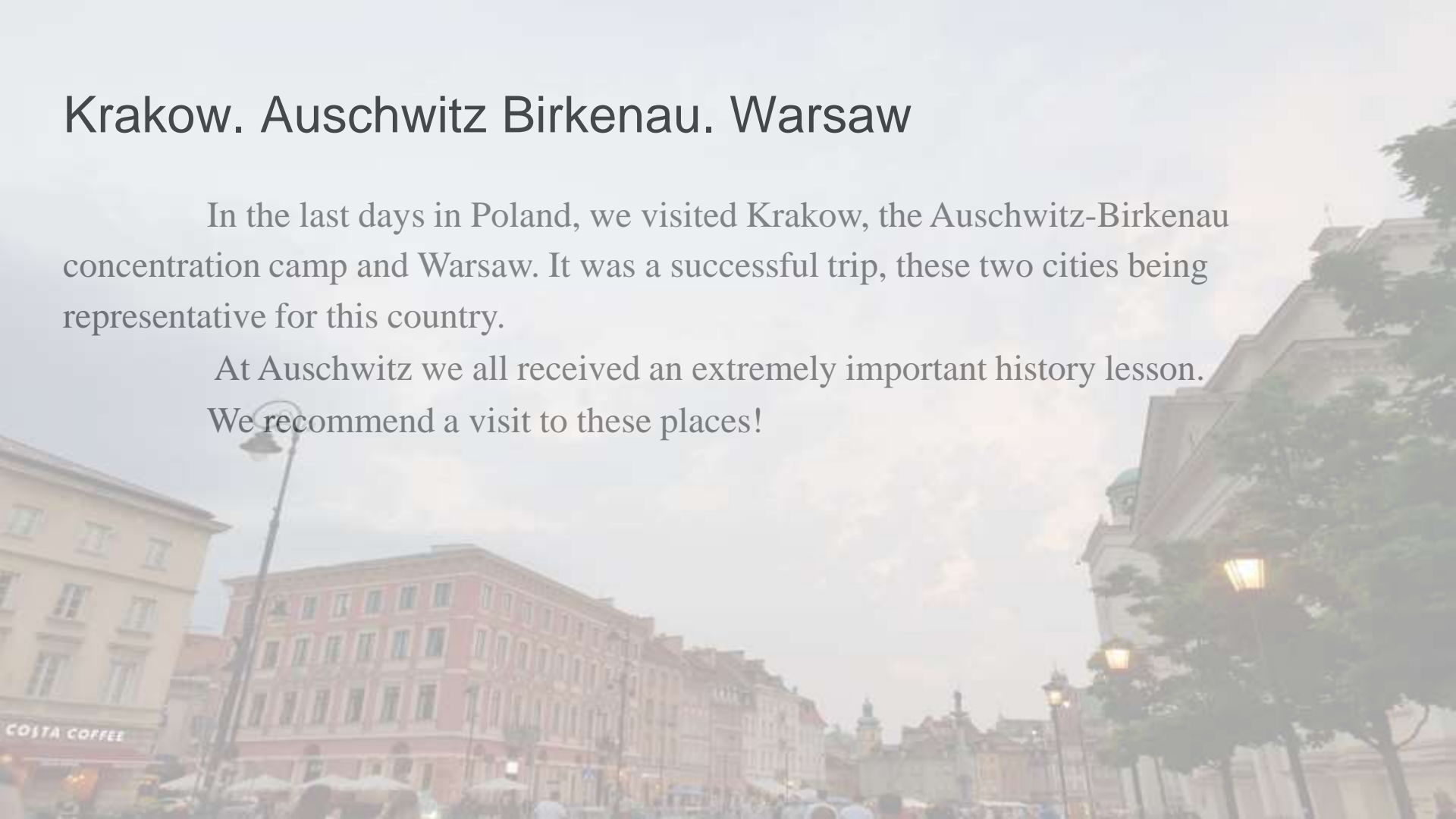




Krakov. Auschwitz Birkenau. Warsaw

In the last days in Poland, we visited Krakow, the Auschwitz-Birkenau concentration camp and Warsaw. It was a successful trip, these two cities being representative for this country.

At Auschwitz we all received an extremely important history lesson.
We recommend a visit to these places!











These were just a few of our
moments in the Erasmus+
mobility





Questions?

Thank you for your attention!